

# Ascentis Level 2 Certificate in Mental Health Awareness Overview Specification



<b>Ofqual Number:</b>	<b>500/5515/X</b>
Ofqual Start Date:	01/11/2008
Ofqual Review Date:	31/07/2026
Ofqual Certification Review Date:	31/07/2027

# Qualification Overview

The Ascentis Level 2 Certificate in Mental Health Awareness aims to introduce the learner to understanding and responding to various mental health disorders.

There are several features of this qualification that make it very appropriate for its target learners:

- Assessment is ongoing through the building up of a portfolio of evidence, allowing flexibility in terms of the learner putting together evidence most appropriate to their learning situation
- Moderation and certification can be offered throughout the year, allowing maximum flexibility for centres

## Aims

The aims of the qualification are to enable learners:

- To understand the nine specified mental health conditions
- To understand how to respond to the nine specified mental health conditions
- To understand relevant terms used within the field of mental health
- To understand how the nine specified mental health conditions can be managed

## Target Group

This qualification is aimed at staff, volunteers and carers who do not hold a professional qualification in mental health but are involved in the delivery of mental health services.

## Regulation Codes

Ofqual Qualification Number:

- Ascentis Level 2 Certificate in Mental Health Awareness: 500/5515/X

## Assessment Method

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria. They are internally assessed and verified by the centre and then externally verified by Ascentis.

# Rule of Combination

Ascentis Level 2 Certificate in Mental Health Awareness				
Number of mandatory credits: 13				
Title	Level	Credit Value	GLH	Unit reference
Understanding Anxiety	2	1	10	Y/504/0488
Understanding Bipolar Disorder	2	1	10	F/508/5263
Understanding Dementia	2	1	10	A/504/0564
Understanding Depression	2	1	10	M/504/0495
Understanding Eating Disorders	2	1	10	R/504/0571
Understanding Mental Health	2	4	40	A/508/5262
Understanding Phobias	2	1	10	H/504/0493
Understanding Post-Natal Depression	2	1	10	T/504/0496
Understanding Schizophrenia	2	1	10	M/504/0562
Understanding Stress	2	1	10	M/504/0481
<b>Credits from equivalent units</b> Please contact the Ascentis office to request equivalences, and ask to speak to a member of the Qualifications Development Team.				
<b>Credits from exemptions</b> Please contact the Ascentis office to request exemptions and ask to speak to a member of the Qualifications Development Team.				

## Guided Learning Hours (GLH)

The total number of guided learning hours for Ascentis Level 2 Certificate in Mental Health Awareness is 130.

## Total Qualification Time (TQT)

The total qualification time for Ascentis Level 2 Certificate in Mental Health Awareness is 130.

## Age Range of Qualification

This qualification is available to learners aged 16 and over.

# Contact & Further Information

**New Centres** please email [hello@ascentis.co.uk](mailto:hello@ascentis.co.uk) or call 01524 845046.

**Existing Centres** please visit the login area of our website, [www.ascentis.co.uk](http://www.ascentis.co.uk), to view the full specification.

**Product Development** for enquiries please email [development@ascentis.co.uk](mailto:development@ascentis.co.uk).